

Thinking Schools Academy Trust

3 WEEK MENU

Autumn / Winter 2023

**OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN**

**YOUR
FAVOURITES
AVAILABLE
EVERY DAY**



WEEK 1 MENU

W/C: 30/10, 20/11, 11/12
01/01, 22/01, 26/02, 18/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Main Dish 1

Cheese and Tomato Pizza
Served with Potato Wedges

Classic Beef Burger
Served with Potato Wedges

Chicken, Vegetable and Mash Pie
Served with Gravy

Beef Bolognese
Served with Wholewheat Pasta and Herby Garlic Bread

Fish Fingers or Fried Chicken
Served with Chips

Main Dish 2

Stir Fried Vegetable Rice

Vegetarian Burger
Served with Potato Wedges

Vegetable Pastry Roll
Served with Mashed Potato and Gravy

Vegetarian Bolognese
Served with Wholewheat Pasta and Garlic and Herb Bread

Crispy Quorn Nuggets
Served with Chips

Jacket Potato

Jacket Potatoes
with a choice of hot and cold fillings

Pasta and Rolls

Homemade Tomato Pasta

Hot Sausage Bap
or
Tomato & Mascarpone Pasta

Homemade Tomato Pasta

Cheese & Ham Deli Bap
or
Chicken Italiano Pasta

Homemade Tomato Pasta

Available Every Day

All meals are served with two vegetables, salad bar, yogurt, fresh fruit, cold deli and baked bread

Dessert

Vanilla Ice Cream

Raspberry Yoghurt Cake with Fruit

Carrot, Orange and Sultana Slice

Original Flapjack

Beetroot Brownie

Autumn/Winter 2023

Menu is subject to availability
Please be assured that all notified medical diets and allergy requirements will be safely catered for



WEEK 2 MENU

W/C: 06/11, 27/11, 08/01
29/01, 19/02, 04/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Main Dish 1

Cheese and Tomato Pizza
Served with Potato Wedges

Chilli Con Carne
Made with Turkey Mince,
Served with
Wholegrain Rice

Roast Beef
Served with Roast Potatoes
and Gravy

Sausage Pasta Bake
Served with Garlic and Herb
Bread

Breaded Fish Fingers
Served with Chips

Main Dish 2

Vegetarian Cottage Pie
Served with Gravy

Macaroni Cheese

**Cheesy Leek and Carrot
Crumble**
Served with Roast Potatoes
and Gravy

**Vegetarian Sausage Pasta
Bake**
Served with Garlic and Herb
Bread

Crispy Quorn Nuggets
Served with Chips

Jacket Potato

Jacket Potatoes
with a choice of hot and cold fillings

Pasta and Rolls

Homemade Tomato Pasta

**Cheese & Ham Deli
or
Tomato &
Mascarpone Pasta**

Homemade Tomato Pasta

**Tuna Mayo Bap
or
Chicken
Italiano Pasta**

Homemade Tomato Pasta

Available Every Day

All meals are served with two vegetables, salad bar, yogurt, fresh fruit, cold deli and baked bread

Dessert

Vanilla Ice Cream

Apple Crumble & Custard

**Chocolate and Vanilla Marble
Cake**

Carrot Cake

Crunchy Chocolate Biscuit

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WEEK 3 MENU

W/C: 13/11, 04/12, 15/01
05/02, 26/02, 11/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Main Dish 1

Cheese and Tomato Pizza
Served with Potato Wedges

Cottage Pie
Served with Gravy

Roast Turkey
Served with Roast Potatoes and Gravy

Chicken Korma
Served with Wholegrain Rice

Breaded Fish Fingers
Served with Chips

Main Dish 2

Chilli No Carne with Crispy Tortilla
Served with Wholegrain Rice

Cauliflower Macaroni Cheese
Served with Garlic and Herb Bread

Sweet Potato and Chickpea Roast
Served with Roast Potatoes and Gravy

Sweet and Sour Vegetables
Served with Wholegrain Rice

Crispy Quorn Nuggets
Served with Chips

Jacket Potato

Jacket Potatoes
with a choice of hot and cold fillings

Pasta and Rolls

Homemade Tomato Pasta

Ozzy Cheesy Bap
or
Herby Tomato Pasta

Homemade Tomato Pasta

Sausage Bap
or
Chicken Italiano Pasta

Homemade Tomato Pasta

Available Every Day

All meals are served with two vegetables, salad bar, yogurt, fresh fruit, cold deli and baked bread

Dessert

Chocolate Ice Cream

Orange Jelly

Banana Cake

Pineapple Upside Down Cake with Custard

Magic Apple & Cinnamon Bake

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